

Breakfast

Gluten free menus

Fresh fruit

Selection of fresh fruit

Yoghurt

Assorted fruit flavours, natural yoghurt

Assorted cereals

Cornflakes, cereal and fruit muesli

Jams and preserves

Fruit jams, honey, butter

Bakery products

Gluten-free croissant, gluten-free muffins and gluten-free plum cakes

Bread

Gluten-free with rolls, sliced rice and buckwheat bread, sliced gluten-free white or wholemeal bread

Eggs

Choice of scrambled, fried, poached or boiled, cooked to order

Charcuterie

Ham, raw ham, salami

Cheeses

Swiss cheese and Fontal

Beverages

Selection of teas, instant coffee, whole or skimmed milk

Fruit juices

Orange, pineapple, tropical, grapefruit

Lunch

Gluten free menus

Appetizer

Vinegar marinated slices of beef with pickled vegetables

Salad

Variety of salads choice of dressings

Pasta

Spaghetti with cuttlefish sauce

Main course

Fillet of perch with Riesling wine and almond sauce

Side orders

Steamed vegetables, boiled potatoes

Always available

Spaghetti with tomato sauce

*From the grill: beef paillard or grilled chicken breast
with French fries or steamed vegetables*

Dessert and fruit

Ice cream with fresh fruit salad, sliced fresh fruit

Dinner

Gluten free menus

Appetizer

Tuna carpaccio with Sicilian-style vegetables "Caponata"

Salad

Iceberg lettuce with broccoli florets, hard-boiled eggs and olives

Pasta

"Fusilli alla Norma" with eggplant, hard Ricotta cheese and tomato sauce

Main course

Roast leg of lamb with herbs

Side orders

Steamed vegetables, Thyme potatoes

Always available

Spaghetti with tomato sauce

*From the grill: beef paillard or grilled chicken breast
with French fries or steamed vegetables*

Dessert and fruit

Dessert of the day, sliced fresh fruit